



News Release, Thursday 22 June

BEVERLEY TURNER TRI'S OUT UK'S FIRST EVER WOMEN'S TRIATHLON

The UK's first ever triathlon for females takes place this Saturday 24 June and will see over 700 women compete at the TIMEX Womenonly Triathlon, at Dorney Lake Eton, home of the 2012 Olympics.

BBC Radio and TV Presenter and wife of Olympic hero James Cracknell, Beverley Turner, will be joining the hundreds of women entered, with over half of them committed to making their debut to triathlon either individually or as part of a team.

Beverley commented, "I'm really looking forward to take part in this event and it's great to see so many entries in its first year. It shows that there are plenty of us women out there committed to getting up and having a go!" She added, "I'm by no means an elite athlete but I prefer having a goal to train towards. I also love Dorney Lake. It is a stunning venue and perfect for triathlons as it has a long smooth flat road around the lake."

Organised by Human Race, the TIMEX WomenOnly Triathlon has been launched in recognition of more and more women expressing an interest in triathlon's that are manageable and take place within a non-intimidating environment. The event caters for all ages and abilities by offering individual or team entries across a three stage ability structure; Novice (200m swim, 5km bike, 2.5km run), Fun (400m swim, 10km bike, 5km run) or Challenge (800m swim, 30km bike, 7.5km run).

John Lunt, Director of Human Race commented "We are delighted that the event has generated such a positive response in its first year and to have the support of TIMEX, a global brand that has a longstanding heritage with triathlon. We hope to provide a fun day for everyone and that we will be in a position to expand the event to a national series in 2007."

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